

Epilepsy Treatments: Questions to Ask Your Doctor

If you're making a decision about your epilepsy treatment, ask your doctor these key questions.

1 What kind of drug is best for me?

2 How long before we know if it's working?

3 What are the side effects? How can I manage them?

4 How often will I need blood tests or other tests?

5 Do I need to avoid alcohol? Should I stop driving?

6 What if the treatment doesn't work?

7 Is there a chance I'll need surgery?

8 What about other treatments like nerve stimulation or a ketogenic diet? Are those right for me?

9 Will treatment cure my epilepsy?

10 Can I pass epilepsy on to my children?

SOURCES

Cleveland Clinic: "Epilepsy: Frequently Asked Questions."
Epilepsy Foundation: "Talking to Your Doctor."
FamilyDoctor.org: "Epilepsy Treatment."

National Association of Epilepsy Centers: "Common Questions."
CDC: "Epilepsy: Frequently Asked Questions."
Epilepsy Foundation: "Epilepsy: Questions and Answers About Seizure Disorders."